



Review

- Before Ss arrive, write the following song titles on the board:
 - The Wheels on the Bus
 - Mary Had a Little Lamb
 - This Little Light of Mine
 - Happy Birthday to You
- As Ss enter the room, ask them if they know any of these songs. If so, ask them to think about what all of the songs have in common. If they are not familiar with the songs, ask Ss to look them up online to see the lyrics.
- Once Ss have arrived, and have thought about the songs, ask Ss the following questions:
 - Who can sing or chant the lyrics to these songs?
 - What do these songs have in common?
 - They are all children's songs.
 - They are all highly repetitive.
 - Why might teachers of young children teach these songs in particular?
 - Repetition helps young children learn language chunks.
- If time permits, elicit some examples of similar songs from Ss cultures. Almost all cultures have highly repetitive songs for children, which are intended to help children learn language chunks (and cultural-specific stories, values, musical scales, etc.).

Introduction

- Explain that repetition is one of the oldest methods of learning languages. Write the adage, "Use it or lose it" on the board, and review the meaning.
- Use it or lose it – If you don't practice a skill, you will soon lose the ability to perform it.
- Explain that, according to research, the human brain remembers information best in groups of 7 (plus or minus 2). Learning vocabulary in groups of 7 is recommended (it appears to be the maximum number of words that most people can remember in one session). Also, studies indicate that to learn a new word, grammar concept, etc., a S must encounter the new information 7 times, and in 7 different contexts. Therefore, repeating new language as often as possible is essential for remembering and maintaining the information.
- Tell Ss that this video will demonstrate some ways in which Ss can use repetition in interesting ways to maximize their time learning English.



Presentation

- Play the video for Ss once.
- Ask Ss to repeat some of the key ideas in the video. Write them in point-form on the board.
- Play the video for Ss again. Add more key ideas to those already located on the board.
- Ask Ss if they would like a repeat showing of the video.

Content Knowledge-Building

- Ask Ss to complete the "See It Activities".
- Review the exercises together as a group.
- Ask Ss to complete the "Try It Activities".
- Ask Ss to discuss their work with a partner or a small group. Circulate and offer assistance or commentary, as needed.

Skill-Building

- Ask Ss to complete the "Use It Activities".
- If time permits, discuss the reflection-based questions as a class, or in several small groups.

Wrap-Up

- Summarize by encouraging Ss to use repetition as a helpful tool in their English studies. Explain that just as children develop their first language through repeating songs and rhymes, so too can Ss learn English through repetition.