

## Session Plan

- Present an overview of the iLEAP Cycle (next page). Then, explain that the Ss will be watching a series of videos that explain this cycle. “identify my goal” is the first step.
- Explain that in a traditional classroom setting, teachers decide upon and establish goals for Ss. A teacher must consider two main things: “What exactly do I want the Ss to do?” (write a friendly letter, introduce themselves, give advice, etc.); and “Is this a realistic task?” (“Read the works of Shakespeare” or “memorize every idiom in 1001 English Idioms” are theoretically possible, but a huge investment in time and energy, and with probably very little reward.)
- Remind Ss that since, in this course, they are in charge of their own learning, they must learn how to set these goals/objectives by themselves. Explain that this may be more difficult than they may think.
- Take a quick survey of the class to inquire about their goals. At least some Ss will say: “I want to be fluent.” “I want to improve my listening and speaking skills.” “I want to write better.” Explain that goals such as these are not specific. To illustrate, choose a S, and ask him or her to teach you how to speak his/her language. The S will probably either stare at you with a blank look, or ask you what you would like to learn. Explain that you just want to “improve your speaking skills in \_ \_ \_ \_ .” Ss will soon realize that such a vague objective does not provide clear direction. Also, ask Ss what it means to be “fluent” or to “improve.” Demonstrate that these terms are vague and not helpful for setting goals.
- A good goal is three featured. Write these three words on the board & tell the Ss that the video will explain what they mean:
  1. Specific (a task)
  2. Relevant (a real life task)
  3. Realistic (a manageable real life task – it’s within reach)
- Have the students view the video iLEAP - Part 1: identify my goal
- Have the Ss work through the **see it, try it, use it** activities. If students don’t finish in class, then assign it for homework. Feel free to play the video more than once.



**ienglish**

LIFE IS THE CLASSROOM - IMMERSIVE YOURSELF

# THE iLEAP CYCLE : PART 1 IDENTIFY MY GOAL >> instructor's notes

## iLEAP Overview

iLEAP a simple pattern for learning language independently. It is easy to follow and can be done over and over again.

### **E**xplore language features

What new language does the sample contain? How is it used?  
Vocabulary. Grammar. Pronunciation. Culture.

### **L**ocate

#### language samples

What will I be reading, viewing or listening to?



### **A**ct

#### on what I've learned

How will I use the new language?

### **i**dentify my goal

What do I want to do in English?

### **P**rocess

#### my learning

How well did I do? What should I do next?