



THE iLEAP CYCLE : PART 4

ACT ON WHAT I'VE LEARNED

>> use it

Activity

Over previous lessons, you've set a goal, found samples and explored them. Now it's time to act on what you've learned using the prepare-practice-produce approach! Follow the steps outlined in this lesson to work through the process of acting on your new knowledge. Set time lines for yourself and stick to them! You can use the template below to keep yourself organized:

1 Prepare

Create my personal script.

2 Practise

How will I practise?

3 Produce

Who? When? Where?

I will speak/write to _____ on _____ at _____ .
Person Date Time